

RESOURCES

**TrevorLifeline – 24 hour support for LGBTQ youth,
including suicide prevention: 866-488-7386**

**TrevorText – to talk to a counselor via text message: Text “START”
to 678678**

**Hetrick–Martin Institute: NJ – Contact
Program Director, Alayne Rosales
at alaynerosales@hminj.org**

**“Q Chat Space” Safe, online chat groups for LGBTQ youth, ages 13–18
www.qchatspace.org**