



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Standard Operating Procedures for Bleeding Injuries

SHOULD A STAFF MEMBER ENCOUNTER AN INDIVIDUAL WHO IS BLEEDING, IT IS THE PRACTICE OF THE METROPOLITAN YMCA OF THE ORANGES TO EMPLOY APPROPRIATE SAFETY PRECAUTIONS.

OF PRIMARY IMPORTANCE IS ESTABLISHING A BARRIER BETWEEN THE YMCA EMPLOYEE AND THE BLEEDING INDIVIDUAL. A BARRIER CAN BE ESTABLISHED IN THE FOLLOWING MANNER(S):

- ◆ USE DISPOSABLE GLOVES PROVIDED IN THE FIRST AID KIT.
- ◆ IN THE EVENT THAT DISPOSABLE GLOVES ARE NOT IMMEDIATELY AVAILABLE, THE YMCA EMPLOYEE SHOULD ENCOURAGE THE BLEEDING PERSON TO ELEVATE THEIR WOUND AND APPLY DIRECT PRESSURE. IF THE PERSON IS UNABLE TO APPLY DIRECT PRESSURE, THE EMPLOYEE SHOULD USE A TOWEL, CLOTHING, BANDANNA, ETC. TO CONTROL BLEEDING. EMPLOYEES SHOULD INDICATE ON THE INCIDENT REPORT IF THEY CAME INTO CONTACT WITH AN ILL OR INJURED PERSON'S BODY FLUIDS.
- ◆ ALL YMCA EMPLOYEES SHOULD THOROUGHLY WASH THEIR HANDS WITH SOAP AND WARM RUNNING WATER AFTER GIVING CARE, EVEN IF DISPOSABLE GLOVES WERE WORN.

AT NO TIME SHOULD A YMCA EMPLOYEE COME IN DIRECT PHYSICAL CONTACT WITH A BLEEDING WOUND.

I have been advised and I understand that it is the practice of the Metropolitan YMCA of the Oranges to employ appropriate safety precautions when assisting an individual who is bleeding.

Signature of Employee

Date

Signature of Supervisor

Date